

Daily Learning Planner

*Ideas parents can use to help children
do well in school.*

South Euclid-Lyndhurst City Schools



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Choose an object, such as a paper clip. Ask your child to figure out different ways to use it. This promotes creativity and problem-solving.
- 2. When your child brings home schoolwork, focus on what is right before noting what is wrong.
- 3. With your child, time different things you and she do in a day.
- 4. Play math facts baseball. Quiz each other. A correct answer is a "base" hit.
- 5. Bake cupcakes with your child. Use colors of icing to demonstrate fractions of the cakes—halves, fourths or thirds.
- 6. Talk to your child about how recycling paper can help save rain forests.
- 7. Create a joke notebook. You and your child can add jokes you read or hear.
- 8. If your child talks about a bully, listen. Tell the school if there is a problem.
- 9. Plan something your family can do to help reduce hunger in your town or the world.
- 10. Share family history with your child. Look at photos and tell stories.
- 11. Plan an exercise "date" with your child. Pick an activity you both enjoy, such as walking or tossing a ball.
- 12. Visit the library with your child. Check out a book about food.
- 13. Look through the newspaper with your child. What headlines interest him? Read an article together and discuss it.
- 14. Teach your child how to protect herself by saying *no* or walking away from fights.
- 15. Give your child a calendar. Suggest he fill it with important notes about homework, tests and school activities.
- 16. With your child, make a fall decoration for your table.
- 17. Together, learn to count to 10 in two languages other than your own.
- 18. Have a "Family Night In." Pop a big bowl of popcorn. Everyone curl up with a good book.
- 19. Start a project with your child, such as building a model or a doll house. Make plans to work on it together regularly.
- 20. Leave your child a complimentary note where she will find it later.
- 21. Ask your child about the best present he ever got. What made it special?
- 22. Make a recording of math facts (*3 times 2 is ...*). Leave time for a response, then give the correct answer. Ask your child to answer before hearing the solution.
- 23. Eat dinner by candlelight (supervise carefully). Talk about how electricity changed daily life.
- 24. Have a "No TV" night. Read or play a game.
- 25. Help your child start a collection. Collecting can boost sorting and research skills.
- 26. Make a big pot of soup. Let your child help you measure.
- 27. Review math facts at the dinner table tonight.
- 28. Teach your child ways to handle stress—exercising, getting enough sleep, talking about problems.
- 29. Have everyone write down two positive things about each member of the family. Read the lists out loud at dinner.
- 30. Read a book together about someone from a different ethnic group.
- 31. Talk about careers with your child. What would she like to do?



Helping Children Learn
TIPS FAMILIES CAN USE TO HELP CHILDREN DO BETTER IN SCHOOL